

## FOR IMMEDIATE RELEASE

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Fresh A.L.R. Gallery

**Presents** 

Phil Adams + Matthew Ashton

COLUMBUS, OH – (43215) Fresh A.I.R. Gallery cordially invites you to a dual photography exhibition featuring the artwork of Phil Adams and Matthew Ashton. Please join us for the opening reception on Wednesday, January 29, 2020 from 5 p.m. to 7 p.m. Adams and Ashton's work will be on view at Fresh A.I.R. Gallery until March 6, 2020.

Phil Adams is a self-taught street photographer who has lived in the south end of Columbus since 1999. He also lives with depression and considers photography to be part of his treatment plan. Adams' work, Things We Throw Away: Redeeming the Refuse, examines trash in the neighborhoods surrounding South Parsons Avenue and the symbolism, humor, and questions it evokes.

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## P. 2

Matthew Ashton is film photographer based in southeast Ohio. For him, the camera serves as a tool to communicate loneliness, abandonment, and everyday feelings that he cannot express with words. Street photography has been an integral part of his recovery.

We look forward to seeing you at the exhibit! Please do not hesitate to contact us with any questions. Fresh A.I.R. Gallery can be reached by phone at 614.744.8110 or by email at freshairgallery@gmail.com. We are located at 131 North High Street in downtown Columbus and are open weekdays from 8:00 a.m. - 5:30 p.m.

Fresh A.I.R. Gallery (Artists in Recovery) is a project of Southeast Healthcare and this year celebrates our 15th year anniversary. The Gallery's mission is to exhibit the work by individuals affected by mental illness and/or substance use disorders. Through art, we educate the community and work to break down the stigma of mental illness and/or substance use by bringing focus to the artist vision. Southeast is a comprehensive provider of mental health, chemical dependency, physical healthcare, vocational and homeless services that has been serving Columbus since 1978 and is in eight Ohio counties. Fresh A.I.R. Gallery is located downtown at 131 N. High Street in Columbus, Ohio. Project support funding in part thanks to the Greater Columbus Arts Council, the City of Columbus and Franklin County for Fresh A.I.R. Gallery in 2020. Our hours are Monday - Friday 8:00 am - 5:30 pm. Fresh A.I.R. Gallery's phone number is 614-744-8110, www.southeastinc.com.

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